



Volunteer and fee for service providers can offer:

- *Emergency Response Information Kit
- *Lifeline Emergency Response System
- *Information
- *Recreation
- *Blood Pressure Checks
- *Foot care
- *Visiting
- *Transportation
- *Errands
- *Yardwork
- *Housecleaning
- *AND MUCH MORE

Congregate Meals

A program of Senior Services of Antler River to provide seniors with a nutritious, well-balanced noon meal, offering an opportunity for socializing in a home-like atmosphere.

Open to all seniors!

Congregate Meals

Pierson: Located in Pierson Centennial Lodge, 634-2376

Melita: Located in Melita Lodge, 522-8795



Volunteers are the strength of our communities. This program depends on people helping people. Interested in volunteering or fee-for-service jobs?

We need you!

Call your local coordinator.



S.S.A.R

Senior Services of Antler River
 Pierson
 634-2332
 Melita
 522-8466

ssar.melita@gmail.com

Lifeline Emergency Response System

HELP IS JUST THE PUSH OF
A BUTTON AWAY!!!!

With the Lifeline service you can rest assured that you will always get help. Your small lightweight button, worn as a pendant or on your wrist, puts you in contact with trained, caring Lifeline staff who know your circumstances.

Lifeline provides the confidence you need to live independently.

Senior Services of Antler River

S.S.A.R. is a non-profit organization directed by a local board. Funding is provided by the Province of Manitoba and local municipal councils, service groups and donations.

Program Mandate:

To enable seniors and disabled persons to continue living independently within their communities as long as possible. We do so through the use of volunteers, service providers and coordinators.

